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| Killington Parks and Recreation Summer Camp |
| Camper and Parent Guide |

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# Welcome:

Welcome to Killington Parks and Recreation Summer Camps. We are excited to have your camper(s) as members of our camps this summer. Inside you will find answers to frequently asked questions and general policies and expectations for all summer camps hosted by the Town of Killington. Parents and guardians should review the code of conduct with campers prior to camp. Counselors will review expectations each Monday during morning meeting.

Specialty camps hosted by an outside community partner may instill additional policies and expectations to keep campers safe.

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# Mission:

At the Department of Parks and Recreation for the Town of Killington, it is our mission to create community through people, park, and programs. We:

-Provide a wide variety of programs and special events
-Create programs for all ages and abilities, residents and guests
-Offer affordable and accessible programs
-Promote lifelong health and wellbeing
-Foster community involvement
-Guide the stewardship of our park lands and facilities

Killington Parks and Recreation Summer Camps exist to provide the youth of Killington and surrounding areas a shared fun, rewarding, and safe summer camp experience. Through a wide variety of activities and programs, campers will build connections with their peers, challenge themselves in a safe and nurturing environment, and learn to approach the world with curiosity and creativity.

# Camper Code of Conduct:

It is the goal of Killington Parks and Recreation to provide a healthy, safe, and secure environment for all camp participants. We expect all campers to follow the Code of Conduct outlined below and to interact appropriately with all other campers and counselors in the group setting. Counselors may also add additional expectations for campers that will be communicated to and agreed upon with campers each Monday during Morning Meeting.

All participants are expected to respect themselves and everyone else around them.

* + Be polite and considerate to others
	+ No foul language or hurtful name calling towards other campers or staff
	+ No physical contact with others unless directed to through a program or activity
	+ Play fairly and safely during all activities
	+ Be honest and truthful towards yourself and others
	+ Report any problems to the Supervisor/Counselors

Everyone is expected to respect the property of others, and the equipment of the Killington Parks and Recreation Department.

* + Take care of the equipment by using it properly and put away all equipment at the end of the activity
	+ No touching or taking equipment or personal property without permission

Participants are expected to show respect for their counselor and any Killington Parks and Recreation Staff Member

* No talking back when asked to do something
* Always be cooperative with the counselors and staff members
* Stay in the designated area for your program and do not leave without staff permission

## Discipline Policies:

We expect all campers to abide by the Code of Conduct within this document, as well as by any additional rules or expectations laid out by counselors, other Killington Parks and Recreation Staff and visiting performers, vendors, and field trip policies.

Any camper behavior showing disrespect or disobedience to these guidelines will result in appropriate discipline.

Killington Parks and Recreation Summer Camps may take the following steps when a camper does not follow the Code of Conduct:

* Counselor or Staff observing the undesirable behavior will redirect the camper to more appropriate behavior
* If undesirable behavior continues, the camper’s direct counselor will be notified and brought in for assistance. Camper may be asked to take a break from the activity to refocus.
* If the behavior persists, the Camp Director will be notified and parents will receive the first phone call after the Director speaks with the camper.
* The camp will contact you if your child is unwilling to change his/her behavior, shows a pattern of disobedience, exhibits violent, disruptive behavior or is assaulting (physically or verbally) other campers
* If a camper exhibits behavior that continues to disrupt camp after meeting with the Camp Director, the Recreation Director reserves the right to suspend or remove the child from camp. If this were to happen, there will be no credit or refund issued for camp payments
* Campers who physically harm other campers or Killington Parks and Recreation Staff will be dismissed from camp programs with no refund.

# Health and Wellness at Camp:

At Killington Parks and Recreation Summer Camp, the health and wellness of our campers and staff is a top priority. We ask all parents and guardians to partner with us in maintaining a safe and healthy camp environment by adhering to the following guidelines:

## Allergies and Medications:

* Parents/guardians must notify camp staff of any allergies their camper has or any medications their camper is currently taking prior to the start of their camp session.
* If your camper has known allergies that have caused anaphylaxis in the past or have been identified by a medical provider as having the potential to cause an anaphylactic reaction, please provide an Allergy Action Plan (Emergency Care Plan) written by the student’s medical provider. This plan will remain with the Camp Director for the entirety of your child’s session.
* If a camper is required to take prescription or over-the-counter (OTC) medication during camp hours, the following must be provided to camp staff: The medication in its original packaging and a signed note from your child’s physician (parent for OTC medication) detailing the dosage, timing, and any other instructions for administration.
* Camp staff will not provide over-the-counter medication for campers.

### Food Safety Allergy Policy:

If a camper (or campers) attending our program has a severe anaphylactic allergy to peanuts, tree nuts, legumes, or similar allergens, we reserve the right to implement restrictions on these items to reduce the risk of exposure. Parents and guardians will be notified if such restrictions are necessary and are expected to comply by ensuring that their child’s snacks, lunches, and other food items brought to camp do not contain the restricted allergen(s).

## Illness Policy:

In the event your child becomes sick at camp, parents or guardians will be notified via phone call first, and text message if needed. A camper will be sent home or asked to stay home from school when an illness is acute or contagious. Campers will be sent home in the event of vomiting, persistent diarrhea, fever of 100 degrees Fahrenheit or higher, or in the event of other communicable illness or rashes.

Campers who are sent home for illness should remain home until the symptom(s) in which they were sent home for has subsided for at least 24 hours without the use of medication.

Additionally, we ask that parents/guardians keep their camper home if the child Is not feeling well or is exhibiting symptoms of illness, unusual lethargy, persistent crying, sore throat, coughing, or has a condition that may be contagious or could pose a health risk to others.

By working together to follow these guidelines, we can ensure a safe, healthy, and enjoyable camp experience for everyone!

### Head Lice:

### The likelihood of head lice at camp is low; however, we encourage early detection and prompt treatment to minimize any disruption to your camper’s experience. If a counselor suspects a case of head lice, it will be reported to the Camp Director and Recreation Director immediately. Should a camper be found to have head lice, parents will be notified by phone and asked to pick up their child from camp. Campers may return to camp after completing appropriate treatment for head lice.

# What to Bring to Camp

We want to make sure your campers are prepared for all the fun activities we will do at camp. Campers should arrive daily with a small backpack containing the following items that are labeled with your campers’ name. Campers should arrive at camp wearing their bathing suit (with under garments packed to change into after swim lessons) and sunscreen.

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| -Filled Water Bottle | -Sun Protection and Bug Spray |
| -Lunch with ice pack- no refrigerator available | -Sunhat/ Glasses |
| -Two Healthy Snacks | -Extra change of clothes  |
| -Sneakers/ running shoes for field games | -Towel |
| -Closed Toe Sandals such as Keens, Crocs, or Water Shoes for pool area | -Rain Jacket and/or Sweatshirt |

**Note:** We are outdoors all day unless the weather becomes a hazard. Campers can get dirty while playing, so keep this in mind while choosing their clothing for the day. Remember to label your children’s personal items with their name for any misplaced items. We cannot keep unclaimed personal items for long so anything not taken home and without a name will be quickly disposed of.

## What Not to Bring to Camp:

Killington Parks and Recreation Summer Camps is an electronic free camp. Campers should leave all electronics (including cell phones) at home. If there is an urgent need to get in contact with your camper, please call the Rec Cell Phone (802-417-1625) or Rec Office Line (802-422-3241 x4) and we will connect you with your camper.

Parents and campers should use their best judgement with regards to bringing stuffed animals, dolls, or other toys to camp. Campers are permitted to bring a small personal toy or stuffie to camp; but it is the camper’s responsibility to keep track of their items. In the event of outside toys, stuffies, etc. begins to create problems at camp, Killington Parks and Recreation staff reserves the right to have these items put away for the remainder of the camp day. If issues continue to arise with regards to outside toys, the Camp Director and Recreation Director may update this policy stating all personal toys need to remain at home.

Campers are not permitted to purchase items from the pool snack bar or field trip gift shops/ concession stands while under the supervision of Rec Staff. Campers should not bring money to camp.

# Daily Schedule Camp Hours

Camp operates daily Monday through Friday from June 24th through August 16th, except for Tuesday July 4th.

Drop off:
Drop off occurs between 8:30am-9:00am at the Johnson Recreation Center located at 2782 River Road, Killington. The parking lot has one-way traffic with the entrance being closest to the tennis courts and the exit being at the end of the lot near the town offices.

Upon arrival, please park your car and walk your camper over to the basketball court to sign them in for the day.

## Pick-up:

Pick-up will take place between 4:30-5pm at the Johnson Recreation Center. Parents or authorized pick-up must walk over to the sign out table to sign their camper out of camp each day.
Campers will only be released to those authorized for pick up, and we must have written permission via email for a camper to leave with an alternate adult. Adults may be asked to show identification when picking up a camper.

Campers must be picked up by 5pm to avoid the late fee.

### Late Fee:

For campers picked up after 5:05pm, a $5 dollar late fee will be added for every five minutes you are late. This fee must be paid prior to your camper being allowed to return to camp the following day.

Every attempt will be made to contact either parent in the event a camper is still on site at 5:10pm. If the parents cannot be contacted, Recreation Staff will contact emergency contacts listed for the child.

If you are going to be late for pickup, please notify the Camp Director at 802-417-1625 or via email at recdirector@killingtontown.com as soon as you are able.

## Inclement Weather Policy:

Due to the outdoor nature of our camp, and limited indoor space to accommodate our camp, Killington Parks and Recreation reserves the right to cancel or shorten the camp day in the event of sustained inclement weather or severe conditions.

If sustained severe weather, such as thunderstorms or heavy rain, is projected, camp staff will notify parents/guardians of any schedule modifications or cancellations via email. This notification will be sent by the end of the camp day prior to the affected day.

In the event of inclement weather that results in a state of emergency for our area, camp will be canceled until the state of emergency is lifted.

## Attendance:

Attendance is taken at the start of each day during morning meeting and at designated times throughout the day. If your child is going to be late, absent, or needs to leave early, call/ text 802-417-1625 or send an email to recdirector@killingtontown.com.

## Refunds:

* Full refunds will be issued if the recreation makes changes that prohibit the participants from attending.
* A full refund will be issued for any changes or cancellations made prior to 5pm the Wednesday before your camp session starts. This allows time for families on the wait list to move into the session.
* A partial refund will be issued for any changes or cancellations made within two business days prior to the start of your camp session.
* Payment is non refundable for campers who do not show up or cancel after 4pm the Friday prior to their camp session..

Full payment is nonrefundable for campers who do not show up or cancel after the start of their camp session. We do not give partial refunds for missing individual days of camp.

**Note:** All refunds exclude the 3.99% credit card processing fee paid upon registration and/or the non-refundable deposit. (if applicable)

## Daily Schedule

It is important for campers to arrive at camp well rested and have eaten a nutritious breakfast as their days will be filled with activities, playtime, and swimming. We strive to create a routine within camp that campers can become familiar with and will do our best to follow the schedule outlined below. We will communicate any major changes to this schedule to both parents and campers.

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| **Camp Loads of Fun Schedule** | **Green Mountain Explorers Schedule** |
| 8:30 – 9:00 Morning drop-off9:00 - 9:30 Morning Meeting9:30 – 10:00 Organized Games10:00 - 12:00 Swim Lessons & Morning Activities12:00 - 1:00 Lunch1:00 - 1:30 Quiet Time, Story Time1:30 - 2:30 Afternoon Activity2:30 - 3:30 Free swim, Free Time3:30 - 4:30 Changing, Daily Wrap-up4:30 - 5:00 Goodbyes | 8:30-9:00am Drop off at Johnson Rec Center9:00-9:30am - Walk to Ada Hall fields & Morning Meeting9:30-12:00pm - Morning activity, field trip or visitor10:30-10:45m - Snack11:45-12:45pm - Lunch & Recess12:45-1:45pm - Afternoon Activity/ Visitor1:45-2:45pm - Free Play (at Johnson Rec Center)2:45-3:45pm - Free Swim3:45-4:00pm - Change/Goodbyes4:00-5:00pm - Pickup at Johnson Rec |

Camp Loads of Fun participates in Sherburne Library's summer reading program by attending weekly events on Wednesdays. Campers will also be scheduled to visit the library during Quiet Time/ Story time.

## Swim Lessons

Campers will be having lessons every morning at camp. Initial lesson groups will be determined by the swim level designated at registration. Lifeguards and instructors will continuously evaluate swimmers at the start of week and adjust as needed.

Campers will also have free swim time in the afternoons. If a camper does not swim with ease, we require them to wear a coastguard approved life jacket (also known as a puddle jumper) while they are free swimming in the afternoon. Parents may send their child with a life jacket, or the pool will provide one. Campers must pass a swim test prior to being able to go in the deep end/ diving well.

Campers who wish not to participate in swimming lessons will lose half of their free swim time. Free swim is 60 minutes (1 hour long). On days when the air temperature is lower than 65 degrees, swim lessons will still be offered but campers will have the option to decline lessons without any free swim time taken away.

Your child’s safety in the pool is our upmost priority. Campers will only swim while lifeguards are on duty, and counselors will be actively monitoring the pool while campers are swimming.

## Field Trips

Both Killington Parks and Recreation Summer Camps will go on field trips to local area attractions. Parents with campers in these sessions will receive additional information with regards to dates, times, and permission slips.

We are looking forward to another fun and exciting summer with your campers. If you have any questions regarding camp policies or expectations, please email recdirector@killingtontown.com.